

Shrewsbury High School

Date: JANUARY 4-8



MONDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Papa Gino Pizza w/ Crinkle Cut Fries & Oranges Wedges "SHS" Mashed Potato Bowl Premade Sandwiches Made to Order Chicken Caesar Salad served w/Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
TUESDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Chicken Patty Sandwich served w/Lettuce , Tomatoes ,Chips and Apples Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls Roast Beef Sandwich w/Herb Spread & Potato Salad/Made to Order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
WEDNESDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Monti's Pizza served w/ Crinkle Cut Fries & Pears "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Chicken Caesar Salad served w/Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
THURSDAY Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go	Dominos Pizza served w/ Fries & Apples Burger Bar and Toppings served w/ Fries Pre Made Sandwiches served w/ Potato Salad Made to Order Chicken Caesar Salad served w/Garlic Knots Chicken Caesar Salad Plates/ Assorted Sandwiches w/Fruit
FRIDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Buffalo Chicken Patty served w/ Baked Chips , Celery Sticks and Blue Cheese Dressing Fish & Chips served w Spicy Fries & Cole Slaw Made to order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Assorted Salad Plates Assorted Sandwiches w/Fruit
Reduced Lunch\$.40 Lunch \$3.75 	MEALS INCLUDE: ASSORTED MILKS, FRUIT and VEGETABLE BAR Juices , VEGETABLE ,FRUIT,GRAIN and PROTEINS ALL LUNCHESES MUST INCLUDE A FRUIT OR VEGETABLE Check our Soup Du Jour Selections Soup and Salad Bar Combo \$3.75
USDA is an equal opportunity provider and employer.	High School menu posted at schools.shrewsburyma.gov/foodsvc Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us <u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u> <u>Allergens or gluten free choices</u>

